



WOLLONGONG

Casual Group Exercise Instructors

Are you passionate about leading group fitness classes and ready to energise your community?

Looking for flexible, casual work doing what you love? This could be your perfect fit!

We are on the lookout for energetic and motivated Fitness Instructors to join our team on a casual basis, delivering safe, engaging, and enjoyable group exercise experiences across our Wollongong and Dapto facilities. Join a vibrant, health-focused team that helps people of all ages and abilities achieve their wellbeing goals.

Our diverse group fitness timetable includes:

- Les Mills programs
- Freestyle and Interval Training classes
- Aqua Aerobics
- Senior Fitness and Gentle Exercise programs
- And a range of other community-focused fitness offerings

We're currently looking for qualified instructors with experience and certifications in:

- Aqua Aerobics
- Les Mills programs (Body Step, Body Combat, Body Pump and RPM)
- Cardio Boxing
- Older Adults Fitness
- Freestyle Group Fitness

We encourage all accredited instructors to apply, as opportunities are available to support our team through relief coverage and to help evolve our service offerings across our facilities.

A great pathway for Personal Trainers

This recruitment is the pathway for **Personal Trainers holding a Certificate IV in Fitness** to apply. If you're qualified, passionate about helping others, and ready for your next challenge, we encourage you to apply.

Discover our Leisure Centres and find the perfect place to fuel your fitness passion:

[Wollongong City Leisure Centres](#)

Applicants who have completed the required qualification are encouraged to apply, including Active fitness registration + Accreditation with Aus Active or Aus Swim.

Applicants without the required fitness qualification will not be considered.

Under Part 2, Section 6 of the Child Protection (Working With Children) Act 2012, this position has been designated as requiring a paid Working With Children Check.

Salary:

This is a casual position, and staff may be called upon at short notice to help cover staff leave and unexpected absences. The role offers a competitive hourly rate starting from \$52.37 per hour (inclusive of 25% casual loading) plus superannuation .

How you'll make a difference:

As a Group Exercise Instructor, you will be a key player in keeping our classes safe and welcoming. Your role will include:

Friendly, community-focused service – your positive attitude and communication skills will help create a safe and enjoyable experience for everyone.

Physical readiness – Applicants must possess a level of physical fitness that enables them to effectively perform the responsibilities outlined in the job description.

Team spirit and adaptability – you'll take direction well, stay flexible, and bring a can-do attitude to every session.

Being **flexible and available** to work across multiple locations, including weekends and evenings, with shifts between **6:00 am and 8:00pm**, Monday to Sunday.

Do you meet the essentials?

To be considered for this role, you must hold:

- A Certificate III in Fitness (Group Exercise Instruction) or A GEL (Group Exercise Leader) qualification by Les Mills or Recognized Aqua Exercise Certificate.
- Personal Trainers applying must hold Certificate IV in Fitness.
- Active fitness registration + Accreditation with Aus Active or Aus Swim
- Do you hold a current First Aid Statement of Attainment HLTAID0011 or equivalent?
- Do you hold a current Cardiopulmonary Resuscitation Statement of Attainment HLTAID009 or equivalent?
- Paid NSW Working With Children Check Clearance Number

Interested?

Refer to the '**How to Apply**' section below for application details

You will be prompted through the application to answer the selection criteria as outlined on the next page.

Contact Libbee Menadue, Health + Fitness Supervisor Leisure Centres (02) 4227 7759 on lmenadue@wollongong.nsw.gov.au for questions related to the job.

Applications will be reviewed on an operational need's basis; therefore, you may be contacted if a vacancy arises prior to the closing date.

Applications close: 11:59pm Monday 14 of September 2026

Interviews are anticipated to be held on Monday, 28 September 2026 at Beaton Park and will involve an audition-style group assessment. Multiple small group sessions will be scheduled throughout the day.

Selection Criteria

Wollongong City Council uses a merit-based recruitment process. To support the panel in assessing your suitability, please respond to the criterion in detail.

Your responses should clearly demonstrate how you meet each requirement, using specific examples that highlight your relevant skills, experience, knowledge, and attributes.

Please ensure your answers are authentic and reflect your own experiences. Responses generated by AI or copied from generic sources are discouraged, as they do not provide the depth or relevance needed for effective assessment.

We also encourage you to reflect on how your approach and values align with Wollongong City Council's core values: Respect, Integrity, One Team, Sustainability, and Courage.

The more detail you provide, the better equipped the panel will be to understand your capabilities and alignment with the role and our organisation.

- 1. This is a child-related position. - All applicants aged 18 and over must hold a Paid NSW Working With Children Check (WWCC) Or (willing to obtain prior to commencement) to be considered. Please provide your WWCC number. If you are under 18 years of age, please let us know in the comments section. Note: Candidates aged 18+ who are being considered for the role will be required to obtain a Paid WWCC as part of the pre-employment screening process if they do not already have one.**
- 2. Wollongong Council is committed to being a Child Safe organisation and keeping children and young people safe is everyone's business. What is your understanding of child protection?**
- 3. Detail your availability to undertake and cover classes between 6am to 8:00pm, 7 days per week.**



2025 Winner
AHRI Awards:
Best Employee
Experience
Strategy



2025 Highly Commended
NSW Local Government
Excellence Awards:
Organisational Diversity
& Inclusion



Veterans
Employment
Program



How to Apply:

Click apply and you will be directed to an online application

Step 1 - Details - complete your personal details

Step 2 - Screening complete the Applicant Screening Questions

Step 3 - Selection Criteria - Answer the application questions listed above Step 4 - Qualifications Select and Upload Copies (under attachments) of your Certificate III in Fitness (Group Exercise Instruction), Certificate IV in Fitness OR GEL (Group Exercise Leader by Les Mills) and your active fitness registration with Aus Active

Step 5 - Licences - Add in your Licence and Upload Copies (under attachments) First Aid Statement of Attainment HLTAID0011 or equivalent and HLTAID009 Provide Cardiopulmonary Resuscitation Certificate

Step 6 - Application attachments Attach: Current Resume

Please ensure you upload all essential certificates to support your application

We're values based, and purpose-led

We care about our community and want to create an extraordinary Wollongong, guided by our values of Courage, Integrity, Respect, Sustainable and One Team.

Make a difference in your community

You'll be part of a team that makes a positive impact through the services they provide, the infrastructure they build and the community they create.

Be your authentic self

Our strength is the diversity of our people. Council is an inclusive workplace where everyone is welcome, valued and belongs.

Create local and industry connections

As part of a large and complex Council in a major city, you'll establish networks with a range of Local Government Industry peers, bodies, associations and organisations.

Work-life balance that Works for You

Our casual positions offer the flexibility you need to balance work with study, family, hobbies, or personal commitments.

- ✓ Enjoy a supportive and inclusive team culture
- ✓ Gain valuable experience without sacrificing your lifestyle

Whether you're building your career or simply looking for meaningful work with flexibility, we're here to support your journey.

Health, safety, and wellbeing

We prioritise a safe workplace for everyone, every day, everywhere. Our wellbeing programs support mental, physical and social wellbeing of our people to be at their best and include an Employee Assistance Program, skin and hearing checks, vaccinations, and discounted gym memberships.

More information

We encourage applications from everyone regardless of gender, age, ethnicity, cultural background, faith, disability or gender identity. People with disability are encouraged to reach out so they can be supported to access adjustments in recruitment processes and in the workplace, to enable them to demonstrate their skills and capabilities to meet the requirements of the job.

- Wollongong Council adheres to the principles of a child safe organisation and is committed to the care and protection of all children and young people in the community.
- Suitable candidates may be placed on an eligibility list for future opportunities in the team, which may include full time, part time, temporary and or casual.
- Suitable candidates are subject to employment screening which includes reference checks, Identity and Medical History Checks, and may also include a Nationally Coordinated Criminal History Check and Working with Children Check. Employment is subject to clearance of all these checks.

Next steps

Your application will be assessed following the conclusion of the advertising period. We will keep you informed during the recruitment process to:

- Advise you of your progress through each stage;
- Explain assessments that you need to complete;
- Notify you of the outcome of your application by email or phone, and
- Provide you with feedback on your request.

For assistance in submitting your application, please contact the Talent Acquisition Team on (02) 4227 7065.

More information

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