

Group Fitness Instructor

Role purpose

To provide a high quality, engaging group fitness class for Yoga which assists members achieve their goals and maintain their loyalty and enjoyment of the Centre.

Role overview

EA & Classification	Hobart City Council Enterprise Agreement 2024 (or its successor) DKHAC Employee Level 2
Position Number	5525
Number of direct reports	0
Responsible for total staff	0
Delegations & Authority	Nil
Budget level	Nil
Network, Group, & Team	Community & Economic Development Network, Doone Kennedy Hobart Aquatic Centre, DKHAC Health & Fitness
Immediate Manager	Group Fitness Supervisor (9653)



Group Fitness Instructor

Role accountabilities Key result areas

Group

- Deliver effective and engaging group fitness classes to a range of Centre users which cover amongst others, Les Mills Program Certification, Pilates, Yoga.
- Ensure participant safety by continuously monitoring classes and suggesting modifications to activities as required.
- Provide customer support as an initial point of contact for group fitness class enquiries.
- Contribute as a member of the health and fitness staff and advise on emerging industry issues along with ensuring that Centre specific feedback is communicated appropriately.
- Implement the Centre's emergency management plan in the event of any relevant incidents or events.
- Perform duties as a group exercise instructor ensuring leadership by example is maintained at a high standard.
- Provide guidance, direction and leadership to other staff and Centre users ensure a high standard of hygiene, safety and enjoyment for members and guests.

Behaviour Standards

- Actively demonstrate the expected behaviours described in the City of Hobart Capability Framework in accordance with the position classification.

Work Health and Safety

- To take reasonable care that your acts or omissions do not adversely affect the health and safety of yourself or others in the workplace, to comply with any reasonable instructions given to you by the Council and to comply with the requirements of any and all WHS applicable policies and procedures.
- Ensure compliance with Work Health and Safety and Child and Youth Safety requirements at all times and follow prescribed reporting processes within the required timeframes.

NOTE: Whilst the key functions and responsibilities for the role are set out above, the Council may direct an employee to carry out such duties or tasks as are within the limits of the employee's skill, competence, and training.

Selection criteria

Qualifications and Licenses

- Certificate III in Fitness or relevant qualifications in health and fitness to deliver a full range of Group Fitness programs.
- Current Provide First Aid (HLTAID011).
- Current Provide Cardiopulmonary Resuscitation (HLTAID009).
- Current Registration to Work with Vulnerable People.

Essential

1. Proven experience in the delivery of quality fitness programs to participants of all ages and fitness levels along with experience in assessment of clients to gauge fitness levels and align their exercise program on an ongoing basis.
2. Effective communication skills to liaise with participants engaging in activities within the gymnasium.
3. Proven ability to operate within Work Health and Safety principles.
4. Ability to manage time and own workload in a customer focus environment.
5. Relevant level of health and fitness applicable to the role.
6. Actively demonstrates the expected behaviours described in the Behavioural Competency Framework.
7. Ability to self-reflect and demonstrate organisational value and behavioural standards.

Desirable

- Current Driver Licence

Pre-employment checks

1. National Criminal History check
2. Pre-employment Medical Assessment – Medium Risk.
3. Tasmanian Registration to Work with Vulnerable People (RWVP) - Employment.

Notes

- Regular checks of the validity and status of essential licences and registrations are undertaken during the term of employment.
- The employee is responsible for notifying any new criminal convictions during the course of their employment.
- The *Registration to Work with Vulnerable People Act 2013* requires persons undertaking work in a regulated activity to be registered. A regulated activity is a child related service or activity defined in the *Registration to Work with Vulnerable People Regulations 2014*.

Our Values



People

We care about people – our community, customers and colleagues



Focus & Direction

We have clear goals and plans to achieve sustainable social, environmental and economic outcomes for the Hobart community.



Accountability

We work to high ethical and professional standards are accountable for delivering outcomes for our community.



Teamwork

We collaborate both within the organisation and with external stakeholders drawing on skills and expertise for the benefit of our community



Creativity & Innovation

We embrace new approaches and continuously improve to achieve better outcomes for our community.

WORKING TOGETHER TO MAKE HOBART A BETTER PLACE FOR THE COMMUNITY